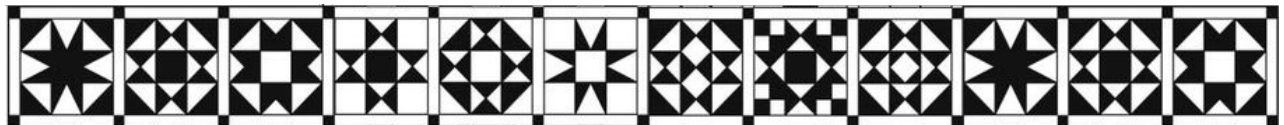




Commission for Seniors
Aurora Center for Active Adults

2018 AURORA SENIOR FORUM

Resource Guide



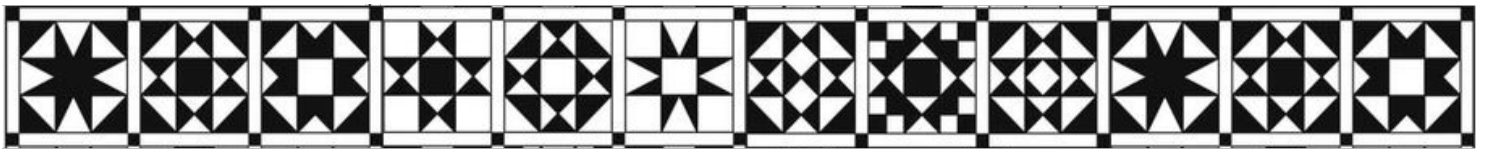
Sponsored by

Chris W. Gordon
Attorney
Estate Planning
& Elder Law



innovAge
Life on Your Terms





2018 AHA Senior Forum Exhibitors

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A3 Colorado: *Adapt. Adjust. Achieve*



Description:	Sight for Seniors provides individuals experiencing vision loss with the guidance, tools, and confidence to thrive in their homes and community. Trained counselors work one-on-one with each client for personalized support/training to assist them to adapt and adjust to vision loss to achieve independence. The program is free!
Eligibility:	Sight for Seniors is a program for individuals over the age of 60.
Location:	Direct services provided to the entire Denver Metro Area
Contact Info:	(303) 831-0117
Website:	www.a3colorado.org

Accessible Systems



Description:	We not only offer accessibility equipment, but also install our products to create a customized fit for your home or business. Our products include residential elevators and lift systems that assist you and/or your caregiver in every room of your house including garages and stairs. We also have a complete line of specialized Medical Equipment to assist you. And, we also offer customized home modifications and remodeling including the installation of all our products along with barrier free bathrooms, ramps, grab bars, widening of doors, and additions.
Eligibility:	We serve people of all ages.
Location:	We have Colorado's ONLY adapted showhome located at 3025 W Jefferson Ave. Englewood, CO 80110. Services provided to the entire State of Colorado.
Contact Info:	303-693-7787 info@accessiblemed.com
Website:	www.accessiblemed.com

***Arapahoe County
Senior Resources***



ARAPAHOE COUNTY
COLORADO'S FIRST

Description:	Arapahoe County Senior Resources provides several programs for Seniors including a Homemaker Program for low income seniors who need assistance with regular routine housekeeping services in order to maintain their independence, a Chore Services Program for seniors age 60 and over who need non-routine assistance such as a good deep clean or a yard clean up, transportation to medical appointments and grocery shopping or food banks to seniors age 60 and over, and information and assistance to any senior needing to locate help.
Eligibility:	Varies slightly for each program so we encourage seniors to contact us to inquire.
Location:	1690 W. Littleton Blvd., Suite 110, Littleton, CO
Contact Info:	303-738-8080. We also offer our Veteran Services Office to assist Veterans of any age in Arapahoe County to connect with VA programs that they may be eligible for. To reach our Veteran Services Office, please call 303-738-8045.
Website:	www.arapahoegov.com

Aurora Interfaith Community Services



Description:	Volunteers are always welcome at the largest emergency agency serving Aurora residents with a food pantry, clothing bank, household and personal goods, as well as assistance with utilities and bus tickets. All assistance is free. AICS is supported by businesses, churches, clubs and individuals as well as the city of Aurora, Arapahoe, County and federal programs. More than 90 cents of every dollar donated is spent on direct services. AICS is open Mon, Tues, Thurs from 8:30 am until 1:30 pm. Wednesdays from 8:30 am until 5:30 pm. The last Friday of each month from 8:30 am until 1:30 pm. AICS is celebrating our 50th Anniversary on November 9 at the Summit Conference and Event Center. Call the office for details and tickets!
Eligibility:	All homeless are helped with food and toiletries at the hours listed above. Those who need emergency assistance must call the client # for an appointment and express their needs or they may apply online. The same day that the appointment is made a greeter checks the household's IDs and proof of address and the head of the household selects nine (9) days of groceries from the client choice pantry. Referrals are given for other human service agencies.
Location:	AICS is located at 1553 Clinton Street, Aurora, 80010 (Parking available front of the newly remodeled building).
Contact Info:	Client # for all services: 303 360-0260 Donor and Office#: 303 360-9938 office@aurorainterchurch.org
Website:	www.aurorainterfaithcommunityservices.org

***Bellevue Heights
Alzheimer's Special Care Center***



Description:	At Bellevue Heights, we're committed to being the leader in providing quality personal services for our residents, while honoring the experience of aging. We celebrate the lives of seniors and create communities that support them in living well throughout the aging process. By honoring each resident's life story and celebrating their uniqueness, we are able to nurture their dreams and desires. We invite you join us on our journey to a more fulfilling way of living.
Eligibility:	We are a Senior Living Community for those with a diagnosis of a dementia related disease.
Location:	14500 E. Bellevue Ave. Aurora, CO 80015
Contact Info:	Emily Oglesby, Olivia Schmidt & Janet Beavers (303)-690-0700.
Website:	www.bellevueheightsalz.com

Cherry Creek Nursing Center



Description:	Cherry Creek Nursing Center is your neighborhood rehabilitation and skilled nursing facility, serving Aurora Residents for over forty years. Our goal for both short-term stays or long-term care is to assist our Residents in reaching and maintaining their physical and cognitive goals. We offer physical, occupational and speech therapy.
Eligibility:	We accept Medicare, Blue Cross Blue Shield, United Healthcare, InnovAge, Medicaid and work with other insurances.
Location:	14699 E. Hampden Avenue, Aurora 80014
Contact Info:	303-693-0111
Website:	www.nexion-health.com

Clarity Insurance Group



Description:	Clarity is an independent insurance agency representing companies that offer a wide variety of products available to seniors. In this ever-changing and confusing world of insurances, it's good to have a Trusted Advisor on your side.
Eligibility:	Persons Having Medicare or Medicare and Medicaid.
Location:	All Denver Metro area and selected counties along the I-25 corridor.
Contact Info:	Robert Grubbs, Licensed Agent, 6000 E. Evans Ave., Denver, CO 80222, (720) 629 - 6614
Website:	www.clarityinsgroup.com

Colorado Access



Description:	Medical Assistance Site
Eligibility:	Health First Colorado (Colorado's Medicaid Program)
Location:	11100 E Bethany Drive, Aurora 80014
Contact Info:	303-755-4138
Website:	accessenrollment.org
Description:	No Wrong Door Options Counselling
Eligibility:	one stop shop for long-term services and supports
Contact Info:	844-760-3999

Colorado Commission for the Deaf, Hard of Hearing, and DeafBlind



COLORADO
Department of Human Services
Colorado Commission for the Deaf,
Hard of Hearing, and DeafBlind

Description:	The Colorado Commission for the Deaf, Hard of Hearing, and DeafBlind's (CCDHHDB) Communications Technology Program (CTP) is a state program that provides FREE telecommunication devices, such as amplified and captioned phones and wireless devices as well as accessories (ring signalers and neck loops or headsets) and specialized equipment to qualified deaf, hard of hearing and deaf-blind. The program wants to match the right tool for the individual to ensure the person uses it to the fullest capacity. The equipment itself gives the person independence and accessibility to family and the community at large.
Eligibility:	CTP provides equipment at no charge to those that are deaf, hard of hearing or deafblind, whose household income is at or below 300% of the Federal Poverty Guideline, who is a resident of Colorado and who has home or cellular phone service.
Location:	CTP serves all of Colorado. Demonstration Centers are available throughout the state.
Contact Info:	(303) 866-2097 or joanne.hirsch@state.co.us
Website:	http://ccdhh.com/index.php/ctprogram/

Colorado Gerontological Society



Building Leadership in Aging

www.senioranswers.org

Description:	The Colorado Gerontological Society provides advocacy, information and assistance to Colorado seniors as well as education and networking for aging professionals. We offer assistance regarding housing options; nursing home placements; questions regarding health insurance; food supplies, or location of a geriatric physician. We also assist seniors with filing forms for government benefits and administer grant assistance programs for Denver metro area seniors over 60 as well. CGS produces publications for the aging community and is a professional membership organization of aging professionals. We host trainings, lead advocacy efforts and provide opportunities for networking.
Location:	Aurora & Denver Metro
Contact Info:	(303) 333-3482
Website:	www.senioranswers.org

Colorado Talking Book Library



Description:	For people who can't read standard print, CTBL provides audio, Braille and large print books keeping you connected to reading, stories and adventure. Audio, Braille, and large print books go through the mail postage paid. Books are sent automatically based on reading interests. Books can also be downloaded to a personal device with an iOS or Android app. There is no fee for service.
Eligibility:	Inability to read standard print for any reason.
Location:	We serve all of Colorado – the library is located at 180 Sheridan Blvd, Denver, 80226
Contact Info:	303-727-9277 or ctbl.info@cde.state.co.us
Website:	www.myctbl.org

Colorado Visiting Nurse Association



Description:	Colorado VNA, a non-profit health agency in Denver since 1889, provides home health, hospice and wellness care to help seniors maximum independence and heal and age at home. Through the Wellness Medical Foot Care program, low cost services are provided to seniors by Registered Nurses at over 100 locations on the Front Range. Partnering with the Tri-County Health Department, trained coaches offer A Matter of Balance Program, a no cost program, at multiple locations throughout the year to educate those 60 and older in skills to prevent falls and stay engaged in an active life.
Eligibility:	Medical Foot Care is a fee for service program and can be a benefit of some Kaiser plans. A Matter of Balance is a free program provided by the Denver Regional Council of Government.
Location:	Medical Foot Care provided in over 100 locations throughout the front range – call for the nearest location. A Matter of Balance offered by CVNA and other providers throughout the Denver metro and surrounding area.
Contact Info:	Medical Foot Care call 303-698-6496 or email wellness@vnacolorado.org ; Matter of Balance call 720-200-1572
Website:	vnacolorado.org

The Denver Hospice and University of Colorado Academic Partnership



Description:	The Denver Hospice and University of Colorado Academic Partnership has generated an advance care planning training program designed to certify lay individuals in effective communication skills and document proficiency with the goal of facilitating ACP peer-to-peer conversations in the community.
Eligibility:	Individuals of all ages and backgrounds are welcome.
Location:	The Denver Hospice In-patient Care Center
Contact Info:	Lierin Flanagan, ACP Program Coordinator, email: LFlanagan@care4denver.org - Office: 303-780-4514
Website:	https://thedenverhospice.org/get-involved/advance-care-planning-certification-training/

Food Bank of the Rockies



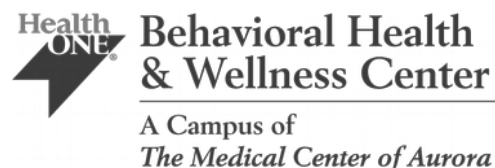
Description:	Food Bank of the Rockies provides Shelf Stable Food to Senior's 60 and over. This box provides a variety of staple foods every senior needs to grow and thrive. There is no cost to receive the food each month. Commodity Supplemental Food Program is a Program serving around 6,800 seniors each month and we have room for more. We want to make sure no senior in our community goes hungry.
Eligibility:	Anyone 60 years of age or older that meets the income requirements.
Location:	There are 140+ agencies providing direct services to the 30 counties we serve in Colorado, including all of the Denver Metro Area.
Contact Info:	(720) 473-6323 ext. 24, 25 and 26
Website:	www.foodbankrockies.org

Hallmark Homecare



Description:	We are a referral service for the best caregivers in the area. Our innovative model cuts out the "middle man" and saves you 35% or more without sacrificing the caliber of safe, in-home care that you or your aging loved one deserves. Our simple 4-step process delivers the ideal caregiver for you or your loved one's specific situation and care needs, and then allows you to enjoy greater control and consistency of care while also saving thousands of dollars!
Eligibility:	Hallmark Homecare is a program for individuals of any age, but our specialty is helping seniors stay in their home, if they can. Safety is our number one concern.
Location:	Direct services provided to the entire Denver Metro Area.
Contact Info:	(303) 363-7989//Cell (303)532-9762 - jthompson@hallmarkhomecare.com or csalazar@hallmarkhomecare.com
Website:	http://www.hallmarkhomecare.com/denvermetroandaurora/

***HealthONE/Medical Center of Aurora
Behavioral Health & Wellness Center***



Description:	The Medical Center of Aurora empowers mature adults by helping them develop coping mechanisms designed to improve their daily life skills. Behavioral health treatment options include group therapy, recreational and occupational therapy, electroconvulsive therapy, family conferences, counseling, medication education and management, as well as coordination with community resources. Our skilled team of specialists are dedicated to providing individualized treatment to ensure every patient leaves our inpatient or outpatient clinic with the tools and techniques necessary to tackle life. We accept most insurance plans, Medicaid, Medicare, Tricare and offer a sliding fee scale.
Eligibility:	Matured adults with emotional health needs who may benefit from a structured therapeutic setting. Please call our admissions team for an individualized assessment.
Location:	700 Potomac Street Aurora, CO 80011
Contact Info:	844-556-2012
Website:	www.AuroraMed.com/MentalHealth

***HealthONE/Medical Center of Aurora
Spaulding Rehabilitation Hospital***



Description:	Spaulding Rehabilitation is a licensed rehabilitation hospital specializing in treatment of conditions such as: stroke, brain injury, amputations, orthopedic injuries, neurologic conditions, and other disabling injuries or medical conditions. Each rehabilitation program is tailored to the individual patient's needs and can include one or more types of therapy.
Location:	900 Potomac St., Aurora, CO 80011
Contact Info:	303-367-1166
Website:	spaldingrehab.com

Huff Real Estate Team



Description:	The Huff Real Estate Team, led by Walter Huff II, provides comprehensive consultation services for Home Sellers & Buyers; we have a servant's heart & passion in serving our Senior Community. Walter is not only the leader of the Walter Huff Real Estate Team, but he is also certified through the "Aging Mastery Program" by the National Council of Aging, that helps Walter lead clients to stronger financial security and overall well-being. Walter has 26 years of real-estate experience in the Aurora area.
Location:	Aurora and Denver Metro
Contact Info:	303-785-1267
Website:	js.thehuffhomesteam.com

Hunger Free Colorado



Description:	Hunger Free Colorado, a statewide nonprofit organization launched in 2009, connects families and individuals to food resources and fuels change in policies, systems and social views, so no Coloradan goes hungry. We connect families and individuals to food resources through a statewide, bilingual Food Resource Hotline, food stamp application assistance and Mobile Outreach that takes our services on the road.
Location:	Metro Denver & Statewide
Contact Info:	Food Resource Hotline 720-382-2920; statewide toll free: 855-855-4626
Website:	www.hungerfreecolorado.org

InnovAge



Description:	Innovage/PACE (Program of All-Inclusive Care for the Elderly) provides coordinated healthcare, specialty care, transportation, social engagement, nutrition, rehabilitative services, medication management, and in-home services through a PACE center.
Eligibility:	55+, currently has Medicaid or may be eligible based upon income and asset limits, needs assistance with two or more activities of daily living, and lives in a PACE service area.
Location:	3551 N. Chambers, Aurora, CO 80011
Contact Info:	Cony'a Robinson, corobinson@myinnovage.com 303-501-3951, 844-704-9613
Website:	www.myinnovage.com

League of Women Voters



Description:	The League of Women Voters is a nonpartisan political organization that encourages informed and active participation in government, works to increase understanding of major public policy issues, and influences public policy through education and advocacy. League membership is open to women and men.
Eligibility:	The League of Women Voters of Colorado Board, staff and volunteers should reflect the diversity of the organization, constituencies, and the broader community. To this end there should be no barriers to participation in any activity of the LWVCO on the basis of race, color, religion, gender, age, national origin, disability, marital status, military status, sexual orientation, gender expression, or socioeconomic status. The LWVCO, in all its activities, reflects these principles in values and in practice.
Location:	There are numerous League of Women Voters chapters throughout the state of Colorado. The League of Women Voters of Arapahoe and Douglas Counties serves members of those counties.
Contact Info:	Telephone - (720) 722-3318
Website:	info@lwvcolorado.org

Legal Shield



Description:	At Legal Shield, our vision is to provide equal access to the Liberty, Equality, Opportunity and Justice that every North American deserves and expects. To help people improve their lives by delivering exceptional products and services that promote peace of mind and confidence in a world that is oftentimes uncaring and selfish. We have a network of dedicated, accountable law firms covering 50 states and 4 provinces in Canada to help you live more and worry less. With 45 years of experience, we protect and empower 4.2 million lives with affordable access to the legal system in any situation where you feel that the advice of an attorney would be helpful and 24/7 access in covered situations. Tap an app on your phone or call your law firm for personal legal advice, letters/phone calls made on your behalf, have contracts/document reviewed, prepare or update your Will, Living Will, and Healthcare Power of Attorney, submit traffic tickets instantly to your law firm and receive a consultation within 8 business hours. We also offer the most comprehensive identity theft protection service in the industry. These services and many more are provided to you at a low monthly fee without a contract and includes a discount, Member's Perks Program which covers more than 400 businesses and services.
Eligibility:	Everyone is eligible. Every year, millions of people face legal issues and as everyone knows, lawyers are expensive but as a Legal Shield member, you pay an affordable rate for an entire law firm so that you can take proactive steps to protect your legal rights. If you have a concern that may be a legal issue, simply call your law firm and you will receive a response within eight business hours.
Contact Info:	Tracy Rogers, Independent Legal Shield Associate 720.297.6144
Website:	https://rogerst.wearelegalsield.com
Facebook:	Tracy Rogers, Independent Legal Shield Associate
Twitter:	Tracy Rogers - @tracyhelps1

***Metro Community
Provider Network***



Description:	MCPN is a Community Health Center that provides primary medical, dental, and behavioral health care services to individuals in need.
Eligibility:	Individuals with public health insurance (Medicaid, Medicare, CHP+), some private insurance, and those who are uninsured are eligible for services.
Location:	Health Centers located in Adams, Arapahoe, Douglas, Jefferson, and Park Counties
Contact Info:	303-360-6276
Website:	www.mcpcn.org

***Osher Lifelong Learning
Institute at DU***



Description:	Because curiosity never retires, The Osher Lifelong Learning Institute at the University of Denver (OLLI at DU) provides an adult learning membership program designed for inquiring adults. Students pursue lifelong learning in a relaxed non-competitive atmosphere. Weekly two-hour classes take place in three distinct 8-week semesters in fall, winter and spring. No tests. No grades. OLLI at DU offers classes throughout the Denver metro area, including its new Aurora location. One \$130 membership fee permits attending multiple classes at any location.
Eligibility:	50 years of age and “better.”
Location:	OLLI East holds classes at the Mississippi Avenue Baptist Church, 13231 E. Mississippi Ave., Aurora.
Contact Info:	Paul Simon, OLLI East Manager, ollidueast@du.edu . 303-300-9940.
Website:	www.portfolio.du.edu/ollieast

PASCO



Description:	PASCO serves the long-term Medicaid needs of children through seniors in 14 counties. PASCO hires and provides free C.N.A training to individuals who are caring for a friend or family with medically fragile needs. PASCO also offers: C.N.A./Nursing/ Non-Medical/Respite/ Services for intellectually disabled. It does not provide private-duty nursing or infant care, only Medicaid long-term/private pay.
Location:	Covers 14 counties, including Aurora.
Contact Info:	303.233.3122
Website:	www.pascoh.com

Rare Patient Voice LLC



Description:	Get paid for your opinion! Patients (14 and older) and Caregivers (family, friends) of any disability, disorder, syndrome, disease or condition are provided an opportunity to voice their opinions through surveys and interviews to improve medical products and services. Join the community on-line and earn a Dunkin Donuts, Starbucks or CVS \$5 gift card at https://www.rarepatientvoice.com/sign-up/ . Your information is confidential, and your email/name is never shared. You may be invited to participate in surveys from time to time, where you will earn cash.
Eligibility:	Patients and family caregivers of any of any disability, disorder, syndrome, disease or condition.
Location:	US and Canada
Contact Info:	Kirk Munsch (301) 997-8271
Website:	www.rarepatientvoice.com

Relay Colorado



Description:	Relay Colorado is a reliable service provider with over 27 years of experience. This free public service enables people with hearing and/or speech loss, to use assistive phone devices, to communicate with standard telephone users. Conversations are relayed between two parties by a specially trained Relay Colorado communications assistant. One of many assistants is Captioned Telephone (CapTel), which allows one to LISTEN and READ captions during a phone conversation and provides the ability to communicate on the phone independently.
Location:	Aurora and Statewide
Contact Info:	Call CapTel customer service: 888-269-7477
Website:	www.relaycolorado.com/captel

TAL Marketing



Description:	Certified Medicare Rights Facilitator and Licensed Colorado Agent working one-on-one with each client for a personalized recommendation on the right Medicare options to assist them in saving money and achieving the most from Medicare benefits. The consultation is free!
Eligibility:	Individuals on Medicare now or planning to be in the near future.
Location:	Direct services provided to Aurora, Centennial, & Parker
Contact Info:	303-378-2003 Tim Lenz
Website:	talmarketing.co (not com)

The Senior Hub



Description:	The Senior Hub's mission is to advance the quality of life for older adults through advocacy, community partnerships, and a variety of direct services planned to sustain an independent, healthy aging experience. Our services include medical equipment lending, friendly visiting, non-medical home care, a food pantry, information and referral, and support for seniors with pets. We also offer an Adult Day Program and Meals on Wheels in North Metro/Adams County.
Eligibility:	Most programs and services are available to all individuals 60+
Location:	Serving Adams and Arapahoe Counties
Contact Info:	Thornton Main office: 303-426-4408; Aurora office: 720-859-2248
Website:	https://seniorhub.org/

***Tri County Health Department
Senior Dental Clinic***



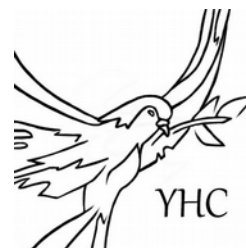
Description:	We provide comprehensive dental care for seniors, including exams, x-rays, hygiene, fillings, crowns, bridges, extractions, and dentures. Charges are on a sliding fee scale and based on income. We accept Medicaid.
Eligibility:	Eligibility requirements: 55 years and older, resident of Arapahoe County, on a limited income, no dental insurance.
Location:	4857 S. Broadway St, Englewood, CO 80113
Contact Info:	Joan Eskens, RDH, MS, MHA , 303-783-7106
Website:	www.tchd.org/341/Dental

***United Health Care
Medicare Solutions***



Description:	United HealthCare Medicare Solutions. Helping people navigate the complex world of Medicare and understanding their options. We provide educational seminars as well as one-on-one appointments with anyone needing assistance with their Medicare choices.
Eligibility:	Anyone who is on Medicare A and B
Location:	Denver Metro Area including Aurora and Arapahoe County
Contact Info:	Krista Keller 303-921-7203 Krista@kristakeller.net
Website:	www.uhcmedicareolutions.com

YHC Clinic, Inc.



Description:	This is a free clinic offered at the Aurora Public Library at 14949 E. Alameda Ave. In Aurora, CO. It is open to the public on the 4th Saturday of each month from 9am-12 noon. There is no fee for service and we will see anyone who comes to us with a health problem—no matter the age. Physicians and Nurse Practitioners are available. Referrals are made to other clinics, resources and programs to meet the extended needs of the patient. Prescriptions are written as appropriate and financial aid is available.
Eligibility:	Anyone with a medical problem. No insurance or payment necessary.
Location:	Aurora Public Library, 14949 E. Alameda Avenue, Aurora, CO
Contact Info:	Gloria Nussbaum, RN, MSN, 720-535-1684
Website:	www.yhcclinic.org