



AHA Interest Group Profile: Social Determinants of Health

Aurora Health Alliance (AHA) is a community-based health alliance of over 2,200 members that has been working in and for Aurora, Colorado since January 2010. AHA’s mission is to collaboratively improve access to care and create a healthier Aurora, with a focus on the most vulnerable and underserved residents.

AHA has three goals: **Increasing Access!** **Expanding Coverage!** **Building Collaboration!**

AHA works through a variety of interest groups to pursue its mission and goals. One of these is the AHA Social Determinants of Health Interest Group.

Objectives

When we get to the core of what’s causing health problems, it typically involves many layers of influence. In fact, only 20% of health depends on clinical care; the other 80% depends on social determinants, according to the University of Wisconsin Population Health Institute. Specifically:

- ◆ 40% relates to social and economic factors such as education, culture, employment, income, community safety, family and social support
- ◆ 30% relates to health behaviors like tobacco use, diet, exercise and alcohol use
- ◆ 10% relates to the physical environment or environmental quality

The SDOH Group has three objectives:

- ◆ Provide opportunities to increase understanding of and resources for the various social determinants of health (i.e., housing, food insecurity, racism, transportation, affordable childcare, etc.)
- ◆ Create avenues by which participants can advocate and/or advance policy change
- ◆ Ensure that there is facilitated space for ongoing networking and collaboration

Membership

In December 2018, there were 84 individuals signed up as members of the SDOH Group. A list of members and their organizations can be found on AHA’s website under “Interest Groups.”

Meeting Format and Schedule - 2019

The SDOH Group meets every-other month, on the first Tuesday from 9:30 to 11:00. Meetings are hosted by Tri-County Health or other organizations in Aurora, and usually include a guest presenter and facilitated discussion. *Note: These are planned dates. Check the AHA calendar on our website for updates.*

JAN	MAR	MAY	JUL	SEP	NOV
8	12	14	9	10	12

Projects/Outcomes

AHA Interest Groups occasionally take on projects or host additional events.

- ◆ **Showing up for Racial Justice Workshops** – series held from 2017-18 for any AHA member

To learn more about Aurora Health Alliance (AHA) or Social Determinants of Health Interest Group visit our website at aurorahealthalliance.org or contact us at info@aurorahealthaccess.org.