

# Welcome



# Introducing a Peer Mentored Care Model

Aurora Health Alliance  
ASC Webinar 3: ECHO Colorado, PMCC, & Next Steps  
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Peer Mentored Care Collaborative

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# Peer Mentored Care Model

Creating a peer mentored care model through ECHO and eConsults

## Spectrum of Care Approach

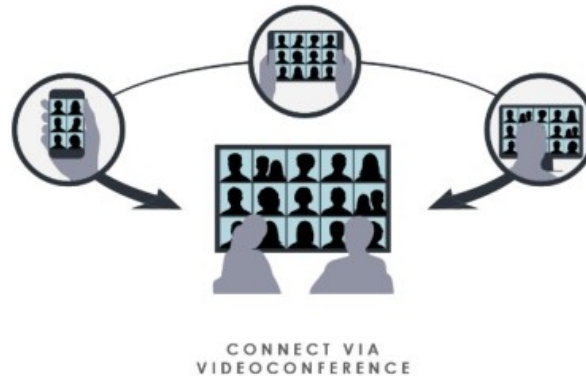
*more tools in provider's toolkit to allow for right care, right place, right time.*



	IN PERSON CARE	TELEMEDICINE	ECONSULT	ECHO
Relationship	Specialist - Patient	Specialist - Patient	Specialist - PCP	Specialist Team – PCP Cohort
Cost	\$\$\$\$	\$\$\$	\$\$	\$
Frequency	1-2 times per year	1-2 times per year	as needed	as needed
Platform	In-Person	Video-Conference	Web-based Software	Video-Conference
Location	Hospital or Clinic	Primary Care, School or Home	Anywhere	Anywhere
Convenience	★	★★	★★★★	★★★★
Population Health Connection	★	★	★★	★★★★
Force Multiplier	★	★	★★	★★★★

# What is telehealth?

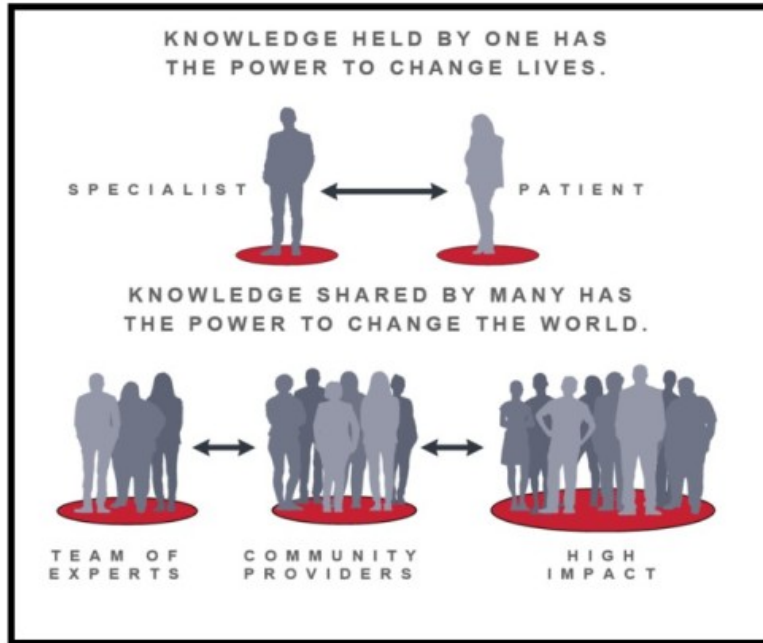
- Broad range of technologies used to connect clinicians to each other and their patients



# What is ECHO?

- ECHO: Extension of Community Health Outcomes
- Provides platforms for collaboration between community PCPs and specialists
- Empowers the primary medical home and create a virtual medical neighborhood
- Assists in care transitions
- Provides platform for dissemination of best practices
- Reduces professional isolation
- Facilitates collaborative case management

# What is ECHO?



ECHO Colorado reached 1,800+ learners in 2019



Participants represented all seven  
Regional Accountable Entities (RAEs)

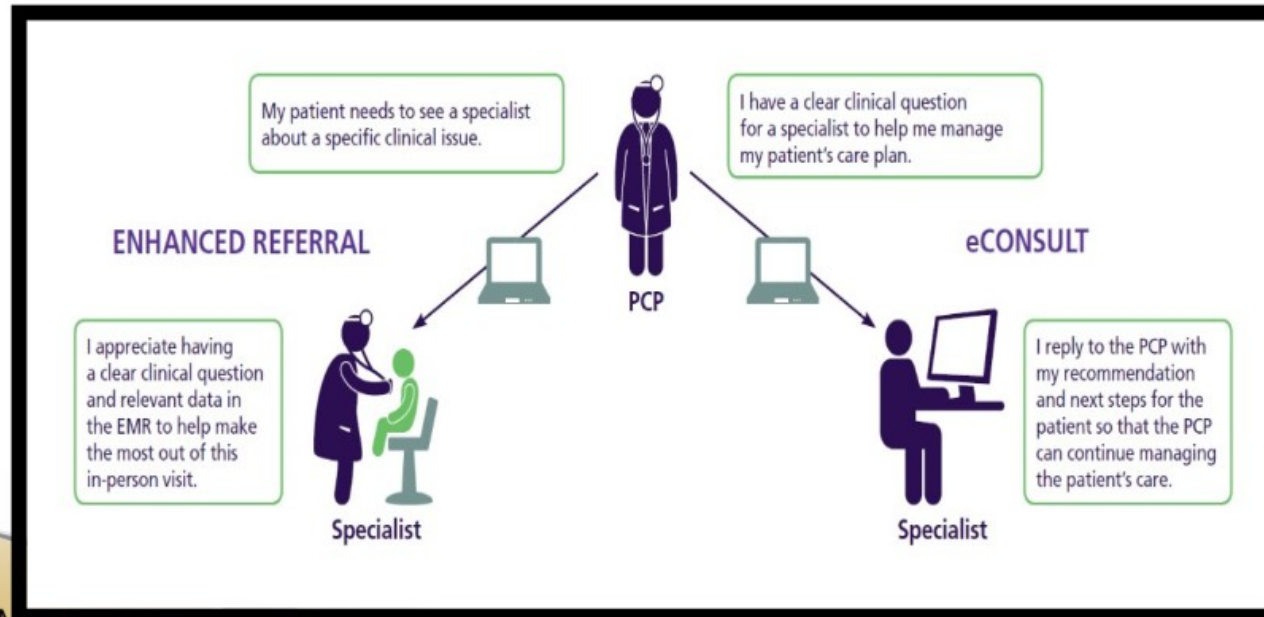
Participants represented 52 (81%) of  
Colorado's 64 counties

- 6% (2%) represented Frontier
- 31% (11%) represented Rural
- 60% (87%) represented Urban



# What is an electronic consult?

- Electronic consults are asynchronous exchanges initiated by a PCP between that provider and a specialist colleague



# Electronic Consult Data

- From April 2018 – July 2020
  - Over 6,500 adult health electronic consults were placed
    - 4,100 unique patients
    - 36 Colorado counties
  - Over \$75,000 in gas savings alone
  - Less than 2.5% of answered electronic consults resulted in an in-person visit within 30 days to the specialty in which the electronic consults was placed
  - 0% of answered electronic consults resulted in an ED visit within 30 days of the electronic consults being placed.



# Peer Mentored Care Collaborative

- Logical extension of two innovative and highly regarded programs
- Combining these models
  - PCPs are offered new tools to partner with specialists
  - Build a virtual patient-centered medical neighborhood
    - Improves bi-directional communication
    - Reduces potential for fragmented care
    - Promotes enhanced cooperation and coordination
    - Improves access to specialty care for patients in their communities

# Peer Mentored Care Collaborative

- A model where:
  - Patients have improved access to specialty care and fewer unnecessary visits
  - Primary care partners receive timely input and expertise to help them practice top of scope and provide more comprehensive care locally
  - Specialists receive clear, template-driven clinical questions and related documentation that provides more efficient referrals
  - Through data, we can begin to anticipate and identify health trends in local communities, share and exchange vital resources and best practices, shape patterns of care to assure high quality care that costs less and keeps the patient and the local provider at the core of care delivery

# PMCC Making a Difference

- Innovative models for health care delivery and knowledge sharing for a more integrated, high-performing and sustainable health care system
- Focus on improving access to care, partnering with communities and improving health outcomes (costs included)
- Examples include:
  - Pediatric Asthma
  - Diabetes
  - Pediatric behavioral health management
  - Rheumatology

# Summary of a Peer Mentored Care Model

- Serves as a continuous and coordinated ecosystem connecting various medical homes as communities of practice
  - Offering a wide range of options to meet the needs of patients and PCPs where they are
  - “We are in this together” approach
  - Right patient, right care, right time, right place
  - Improving each domain of the quadruple aim: increasing access to care, reducing costs and unnecessary care, improving patient outcomes and improving patient and provider satisfaction with care.

# Lessoned Learned

- Providers find tremendous value in ECHO Colorado platform
- Electronic consultations are a significant value add to patients and providers.
- Peer mentored care model creates synergy between ECHO and electronic consultation
  - Creating positive outcomes for patients
  - Creating positive experience for providers to learn and share knowledge
  - Creating a virtual patient-centered medical neighborhood
- Continued support and funding occurring based upon outcomes of the peer mentored care model

# Key Takeaways / To Dos

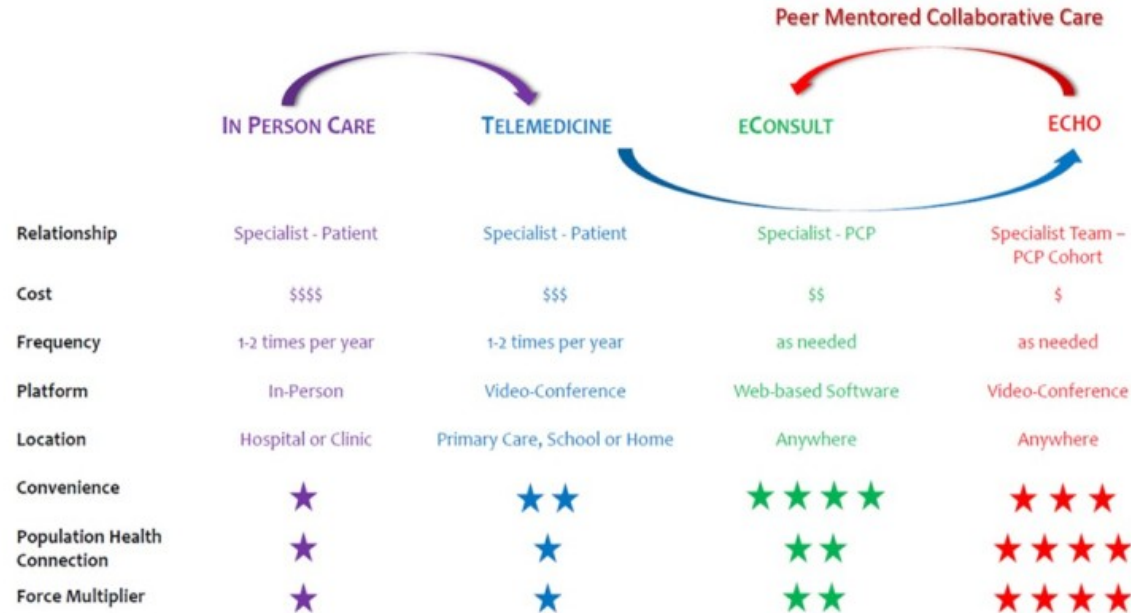
- Demand to expand the PMCC model
- Continue outreach both in rural and frontier demographics
- Potential to create a virtual synchronous telehealth component to the PMCC
- Publish outcomes from a PMCC model
- Sustainability



# Summary of a Peer Mentored Care Model

## Spectrum of Care Approach

*more tools in provider's toolkit to allow for right care, right place, right time.*



# Questions?



## Contact:

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# Thank you to our partners



# Next Steps Discussion

Facilitated by Heather Logan, Aurora Health Alliance Board Chair

- What is already happening in Colorado with eConsults (advocacy, policy, research)?
- What role can health alliances and partners here today play in furthering this work?
- What action/conversations are currently happening for eConsult reimbursement?  
How can stakeholders stay informed and engaged?
- What action/conversations need to happen that aren't already occurring? (Role of alliance?)
- eConsults: What are we not already doing that we should explore? Ideas?

# Thanks for joining us!



Video will be posted soon on AHA YouTube Channel