

# Welcome!





## AHA Behavioral Health: Vulnerable Populations Lunchtime Series



Session 3 Substance Misuse Wednesday, May 13, 2020 12:00 - 12:45 pm

Session 4 TBD

Wednesday, May 13, 2020 12:00 - 12:45 pm We will be requesting feedback from the community on what vulnerable

population and topics they would like to hear about for our final session.



## Behavioral Health: Seniors & COVID-19 Panel

Catherine Baines, LMFT HealthOne Crisis Assessment Team

Evan Plys, PhD Post-Doctoral Fellow, Palliative Care & Aging University of Colorado Denver

> **Rebecca Kase, LCSW, RYT** Heart-Centered Counseling



## Behavioral Health: Seniors & COVID-19 Panel

### **Catherine Baines, LMFT** HealthOne Crisis Assessment Team



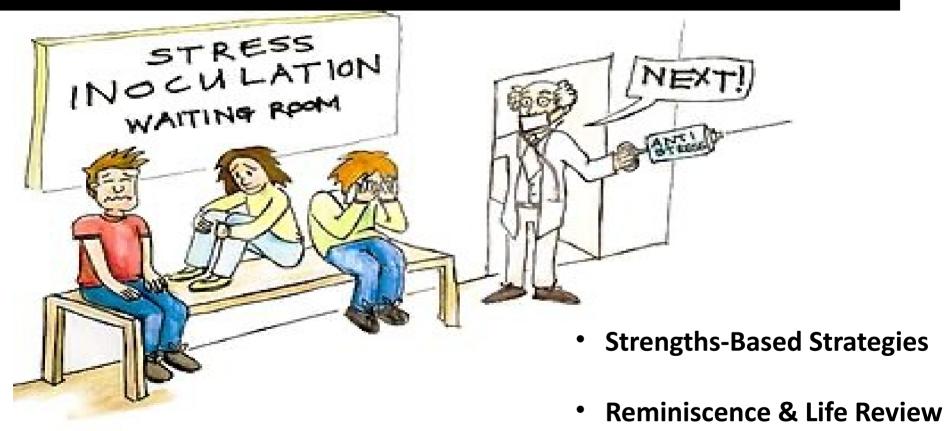




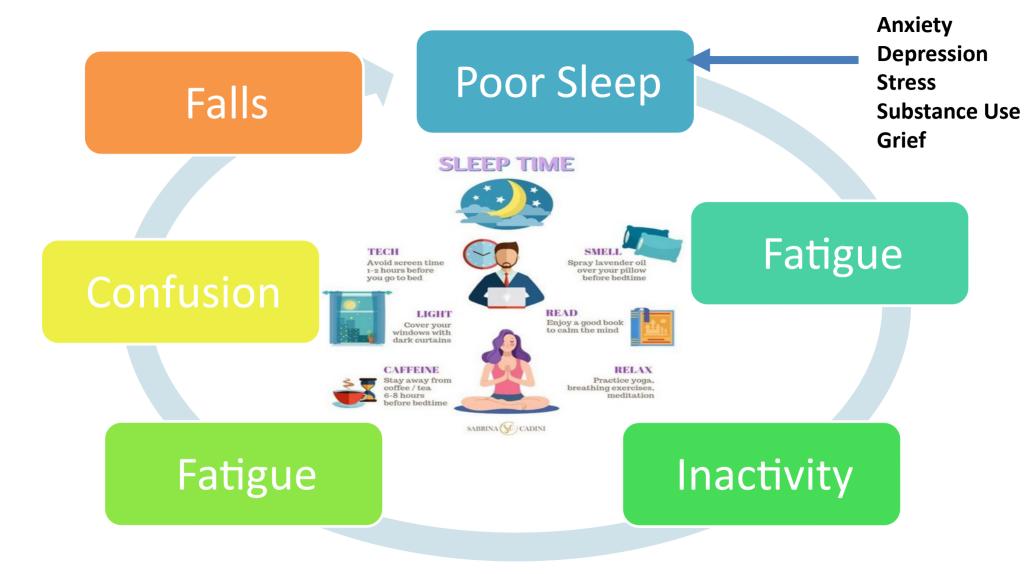
## Behavioral Health: Seniors & COVID-19 Panel

Evan Plys, PhD Post-Doctoral Fellow, Palliative Care & Aging University of Colorado Denver

# **Distress - Resilience**



Meaning-Making



#### https://www.mormindful.com/post/what-is-sleep-hygiene

# Ageism

#### DJ says elderly people should sacrifice themselves to coronavirus to save the economy

~

6k

View 5 comments



#### MALION

### Texas' lieutenant governor suggests grandparents are

### willing to die for US economy

Adrianna Rodriguez USA TODAY

Published 9:14 a.m. ET Mar. 24, 2020 | Updated 11:50 a.m. ET Mar. 24, 2020

TABLE. Hospitalization, intensive care unit (ICU) admission, and case– fatality percentages for reported COVID–19 cases, by age group — United States, February 12–March 16, 2020

| Age group (yrs)<br>(no. of cases) | %*              |               |               |
|-----------------------------------|-----------------|---------------|---------------|
|                                   | Hospitalization | ICU admission | Case-fatality |
| 0–19 (123)                        | 1.6–2.5         | 0             | 0             |
| 20–44 (705)                       | 14.3-20.8       | 2.0-4.2       | 0.1-0.2       |
| 45–54 (429)                       | 21.2-28.3       | 5.4–10.4      | 0.5–0.8       |
| 55–64 (429)                       | 20.5-30.1       | 4.7-11.2      | 1.4–2.6       |
| 65–74 (409)                       | 28.6-43.5       | 8.1–18.8      | 2.7-4.9       |
| 75–84 (210)                       | 30.5–58.7       | 10.5-31.0     | 4.3-10.5      |
| ≥85 (144)                         | 31.3–70.3       | 6.3–29.0      | 10.4–27.3     |
| Total (2,449)                     | 20.7-31.4       | 4.9-11.5      | 1.8–3.4       |

Table From: CDC- March 27, 2020

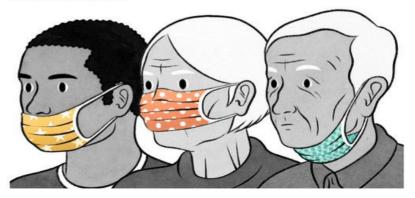


### corona virus



### boomer remover

How NOT to Wear a Mask





## Behavioral Health: Seniors & COVID-19 Panel

### **Rebecca Kase, LCSW, RYT** Heart-Centered Counseling



## Questions?

Please submit questions, using the chat function.

### Next Event:

Wednesday, May 13, 2020 12pm

Please register for this event on our website, <u>www.aurorahealthalliance.org/aha-behavioral-health/</u>



# Thanks for joining us!

