

# Senior Circle

Wednesday, May 13, 2020

Jo Glaviano, Program Coordinator, AHA  
Senior Circle Chair

# Senior Circle

1:00	Welcome	Johanna Glaviano, Aurora Health Alliance Senior Circle Chair
1:05	Census 2020	Christina Alonzo, U.S. Census Bureau
1:25	Colorado Health Institute & NextFifty Initiative Grant	Chrissy Esposito, Colorado Health Institute
1:45	Stroke Awareness & Treatment	David Ornelas, Univ of Colorado Hospital
2:05	Questions & announcements	

**Christina Alonzo, Partnership Specialist**  
Denver Region  
U.S. Census Bureau  
[2020census.gov/jobs](https://2020census.gov/jobs)



It has ***never*** been  
***easier*** to respond  
to the **Census**  
on ***your own***...



whether online, over the phone or by mail

...all ***without*** having to meet  
a **census taker**.

Respond **today** at  
**2020Census.gov**

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United States<sup>®</sup>  
**Census**  
**2020**

# 2020 Census Operational Adjustments Due to COVID-19

The 2020 Census is underway and households across America are responding every day. In light of the COVID-19 outbreak, the U.S. Census Bureau has adjusted 2020 Census operations in order to:

- Protect the health and safety of Census Bureau employees and the American public.
- Implement guidance from federal, state, and local health authorities.
- Ensure a complete and accurate count of all communities.

The table below summarizes the adjustments to operations. Should any additional adjustment become necessary, the Census Bureau will promptly publish the change in an updated document.

## STATUS OF CURRENT OPERATIONS

Activity/Operation	Planned Schedule	Adjustment	Revised Schedule
Self-Response Phase (online, phone, mail)	March 12–July 31	Extended	March 12–August 14
Update Leave	March 15–April 17	Delayed	March 29–May 1
Update Enumerate	March 16–April 30	Suspended and extended	March 16–May 14
Mobile Questionnaire Assistance	March 30–July 31	Delayed	April 13–August 14
Early Nonresponse Followup (NRFU)	April 9–July 31	Delayed	May 7–August 14
Nonresponse Followup (NRFU) and NRFU Reinterview	May 13–July 31	Delayed	May 28–August 14
Group Quarters Enumeration	April 2–June 5	Delayed	April 16–June 19
Service-Based Enumeration	March 30–April 1	Delayed	April 29–May 1
Census counts people experiencing homelessness outdoors	April 1	Delayed	May 1
Enumeration of Transitory Locations	April 9–May 4	Delayed	April 23–May 18
Deliver apportionment counts to the President	By December 31	On schedule	By December 31
Deliver redistricting counts to states	By April 1, 2021	On schedule	By April 1, 2021

Connect with us  
@uscensusbureau

For more information:  
2020CENSUS.GOV

D-FS-GP-EN-017 March 21, 2020

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Census  
2020



## The census counts every generation.

Every 10 years, the United States counts everyone who lives in the country, from newborn babies to the oldest among us. It is important for everyone to complete the 2020 Census so that communities like yours can be accurately funded and represented.

### Responding is important.

The 2020 Census will influence community funding and congressional representation for the next decade. Information collected in the census will inform the allocation of more than \$675 billion in federal funds for states and communities each year. That includes money for things like:

- › First responders
- › Medicare Part B
- › Supportive Housing for the Elderly Program
- › Libraries and community centers
- › Supplemental Nutrition Assistance Program (SNAP)
- › Senior Community Service Employment Program

### Responding is easy.

Beginning in mid-March 2020, you can respond to the census online, by phone, or by mail. Choose the option that is most comfortable for you. Large-print guides to the questionnaire are available upon request. From May – July 2020, census takers will visit households that have not yet responded. A census taker can assist if you need help completing your form.

### Responding is safe.

Your personal information is kept confidential by law. Your responses can only be used to produce statistics. They cannot be shared with law enforcement agencies or used against you by any government agency or court in any way.

For more information, visit:

**2020CENSUS.GOV**

D-OP-EL-EN-125

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**Chrissy Esposito**

Data Visualization and Policy Analyst

Colorado Health Institute

<https://www.coloradohealthinstitute.org/>

# Aging and Health in Colorado

*Introduction to CHI's Aging Work*



**Chrissy Esposito**  
Data Visualization and Policy Analyst

**May Senior Circle Meeting**  
May 13, 2020





## ABOUT US

**We believe that sound evidence and solid analysis lead to better health policy, and that better health policy leads to healthier Coloradans.**

That is our work as Colorado's leading nonprofit and nonpartisan health policy research group.

And we are passionate about it.

# A Familiar Place: Home and Aging in Colorado

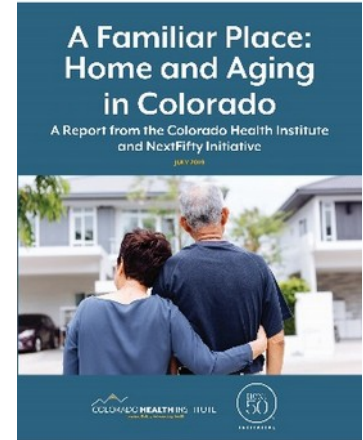
- Analysis of **affordability and accessibility** of housing for older adults in Colorado
- Findings:



Accessibility  
of the Home



Accessibility  
of the Community



# Caring for Our Caregivers: CHI's New Analysis on Colorado's Direct Care Workforce

- Two Part Analysis
  - Regional supply and demand analysis of Colorado's direct care workforce
  - Assessment of challenges and barriers for direct care workers and employer-based solutions to address them
- Methods
- Key Findings
- Impact of COVID-19 on both populations



**Chrissy Esposito**

[espositoc@coloradohealthinstitute.org](mailto:espositoc@coloradohealthinstitute.org)



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@COHealthInst

**David Ornelas BSN, RN, CCRN, SCRNP**

Program Manager

Mobile Stroke Treatment Unit

University of Colorado Hospital

UCHealth

# Stroke Awareness and Treatment at University of Colorado Hospital

**David Ornelas BSN, RN, CCRN, SCRN**

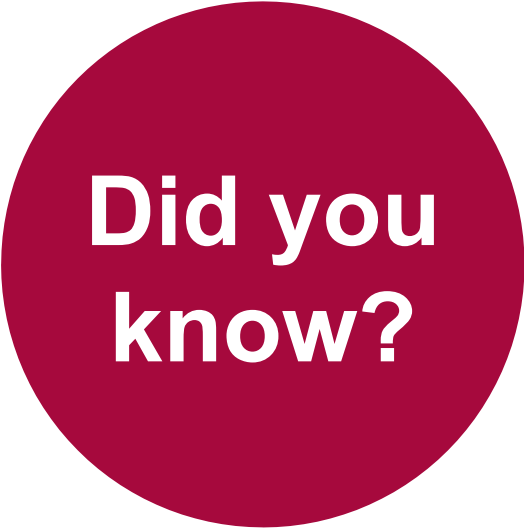
Program Manager

Mobile Stroke Treatment Unit

University of Colorado Hospital

UCHealth

# Stroke Statistics



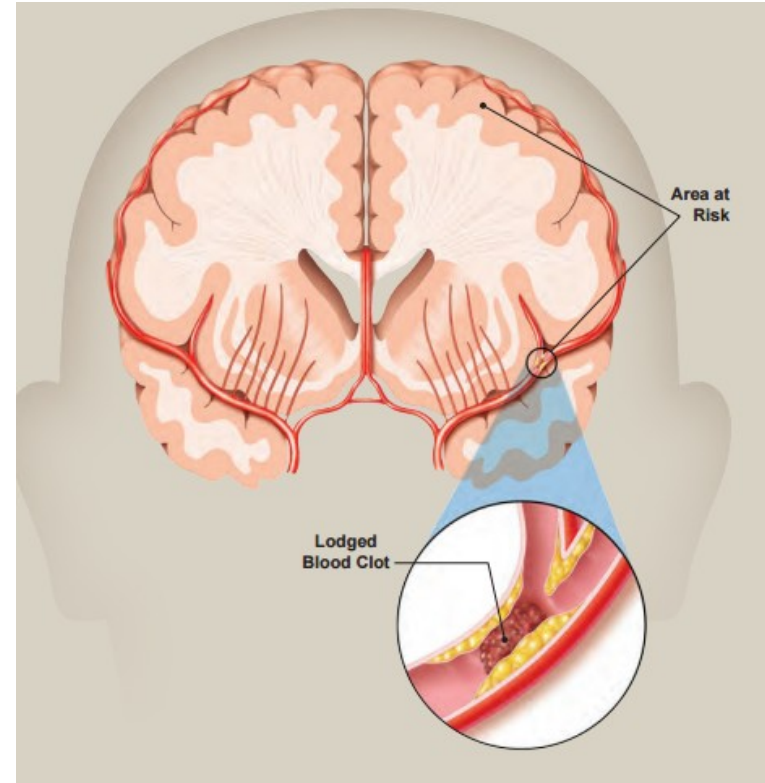
**Did you  
know?**

- Leading cause of disability in the United States
- 5<sup>th</sup> leading cause of death
- 800,000 people experience stroke every year
- Happens every 40 seconds in the US
- 80% are preventable
- May is Stroke Awareness Month!



# What is a Stroke?

- **BRAIN ATTACK**
- Interruption in normal blood flow to the brain causing brain damage
- Two Types
  - Ischemic
  - Hemorrhagic





# Symptoms

- SUDDEN changes
  - Balance
  - Visual
  - Speech
  - Sensory
  - Facial
  - Limbs
- Never ignore symptoms
- **Time is brain**

STOP A  
STROKE.  
B.E. FAST.

## KNOW THE SIGNS

**BALANCE** : Sudden difficulty standing or walking.

**EYES** : Sudden loss of vision or double vision.

**FACE** : Uneven or drooping smile.

**ARM** : One arm is weak.

**SPEECH** : Slurred or jumbled speech.

**TIME TO CALL** : Call your nurse if you suspect any symptoms.

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LIVE EXTRAORDINARY

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# Stroke Treatment Options at UCH

- Treatment for stroke is available but is time-sensitive
- Intravenous (IV) tPA
  - Clot busting
  - Given through an IV
  - The earlier we can give it, the better the outcome
  - Up to 4.5 hours from Last Known Well
- Interventional Radiology
  - Clot retrieval device
  - Clot suctioning device
  - Available 24/7 at comprehensive stroke centers



# How can you help?

- The number of people seeking emergency care for strokes (and other emergencies) has declined during COVID-19.
- We know that strokes and heart attacks are still happening!
- Because of time-limitations of treatment options, delaying care for stroke means a person may not be eligible for treatment.
- Help us educate the community that Stroke is an emergency and 911 should be called as soon as symptoms noticed.
- Contact Anna ([anna.Cigrand@uchealth.org](mailto:anna.Cigrand@uchealth.org)) if you have a group that you would like us to speak with regarding stroke awareness.

Thank you, Presenters!

Questions? Announcements?

Next Senior Circle meeting:  
Wed, July 8, 2020, 1:00p – Via Zoom  
Topics: Senior Dental Health, Medical Patient Advocates